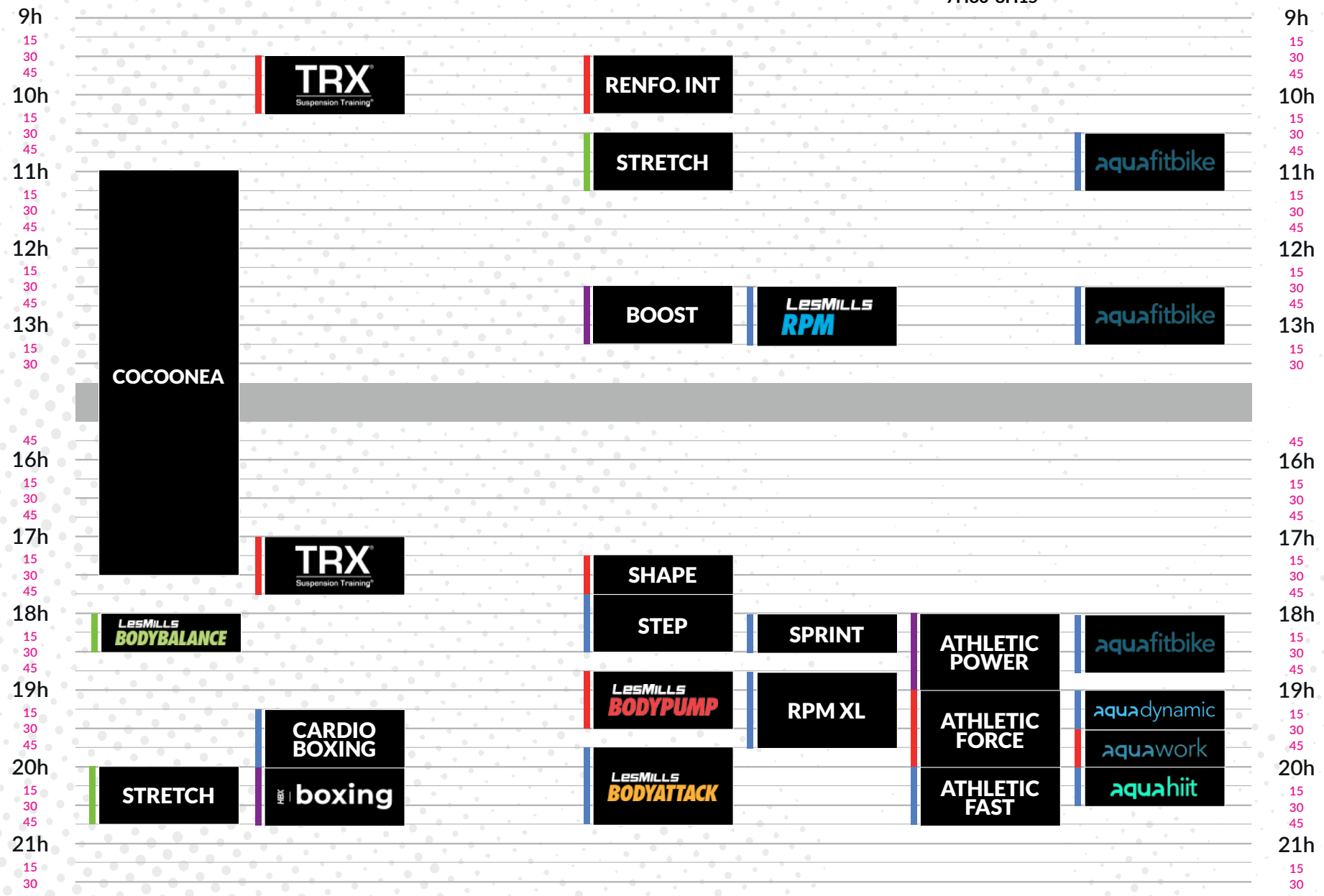


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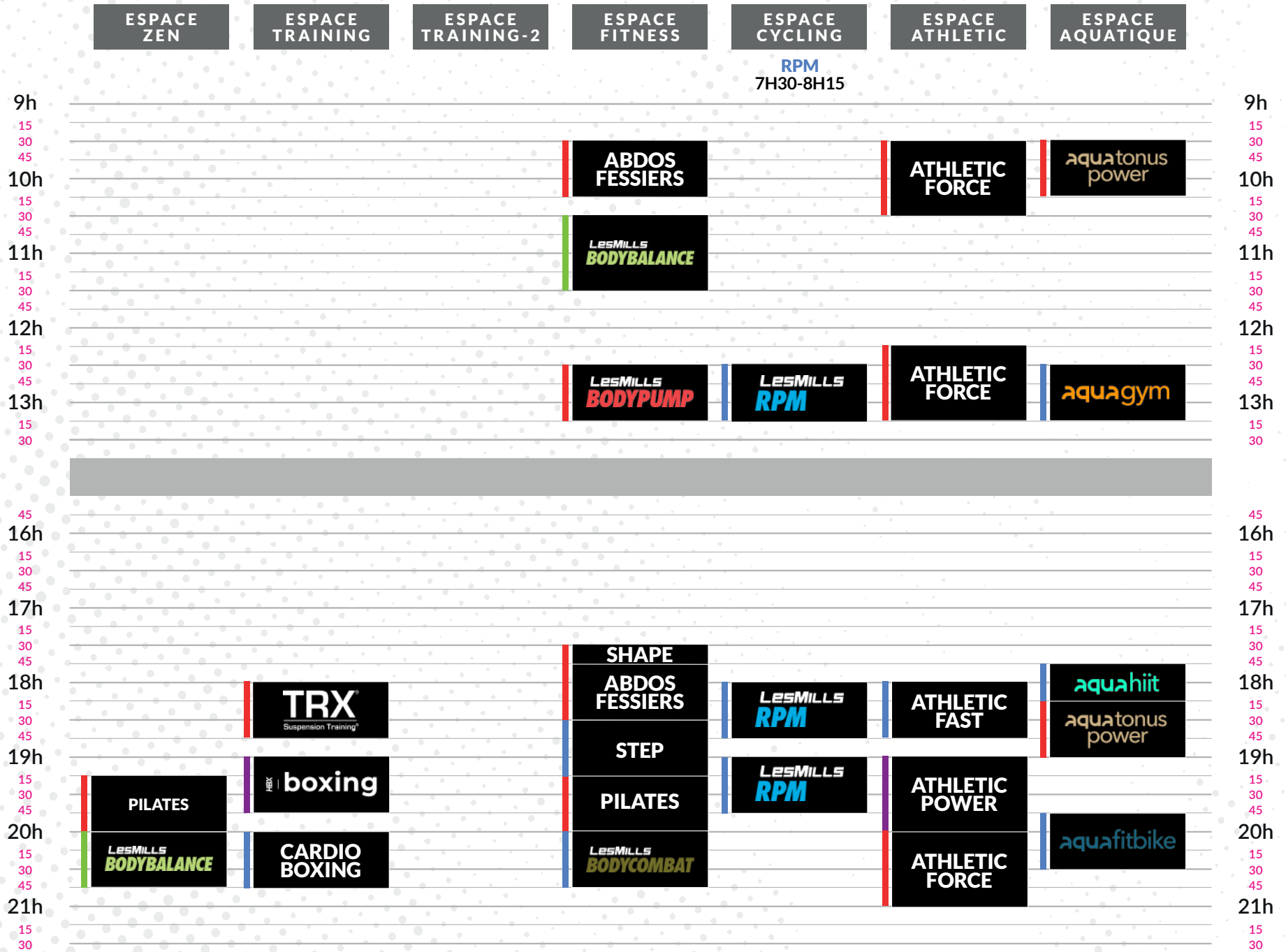
ESPACE ZEN ESPACE TRAINING ESPACE TRAINING-2 ESPACE FITNESS ESPACE CYCLING ESPACE ATHLETIC ESPACE AQUATIQUE

ATHLETIC MORNING
7H30-8H15



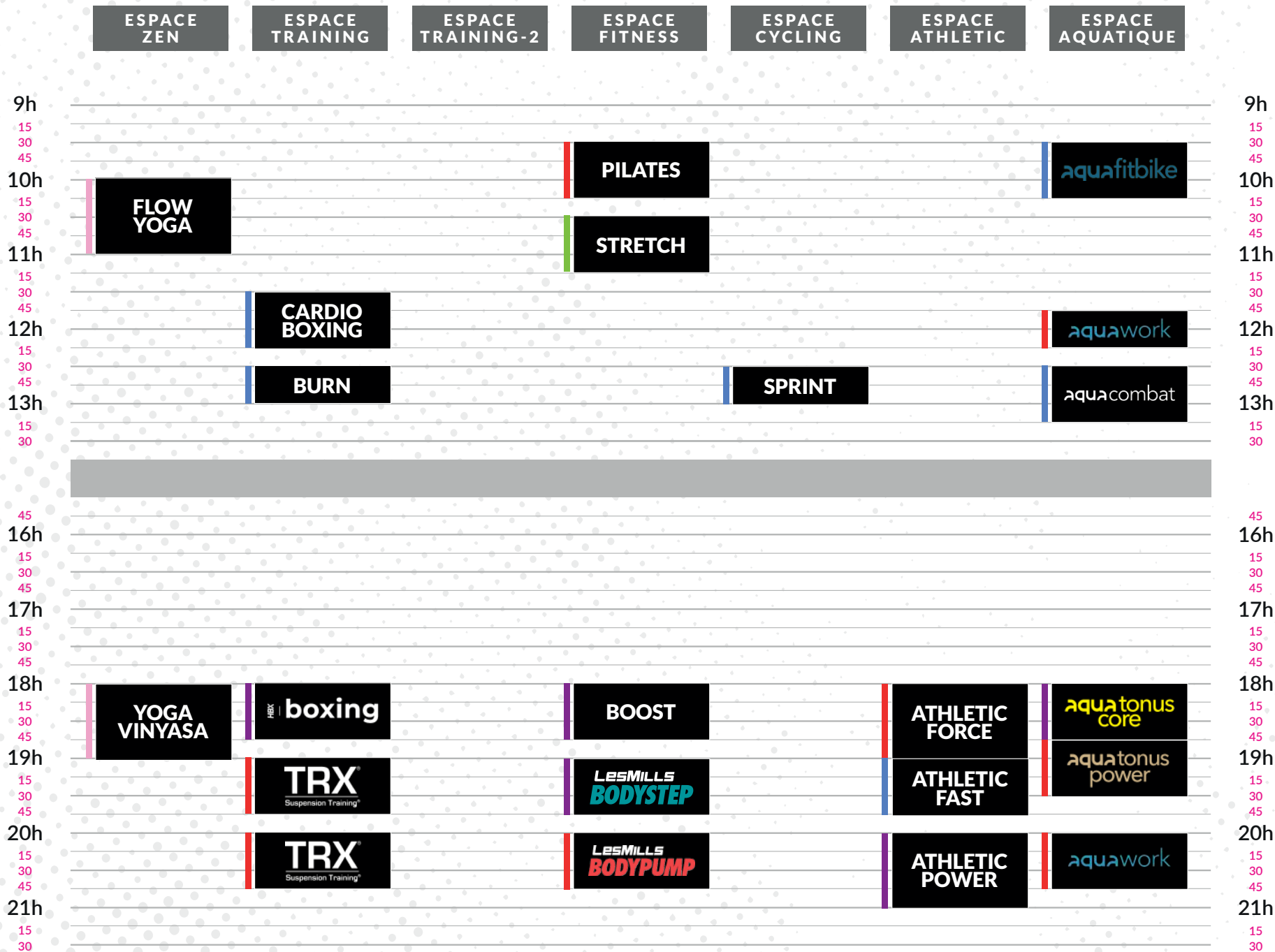
RENFO MUSCULAIRE CARDIO MOBILITÉ MIXTE

MARDI



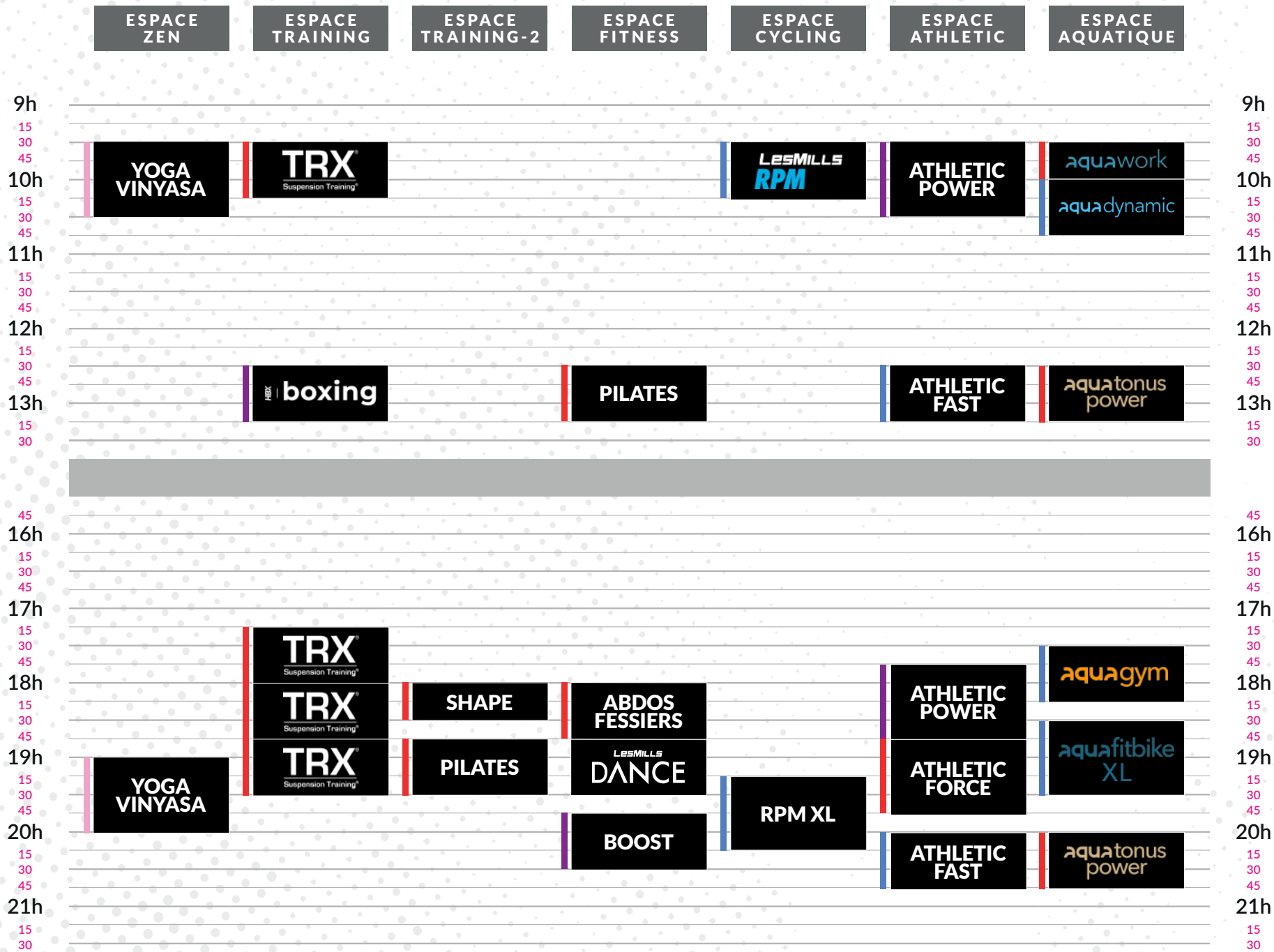
■ RENFO MUSCULAIRE
 ■ CARDIO
 ■ MOBILITÉ
 ■ MIXTE

MERCREDI



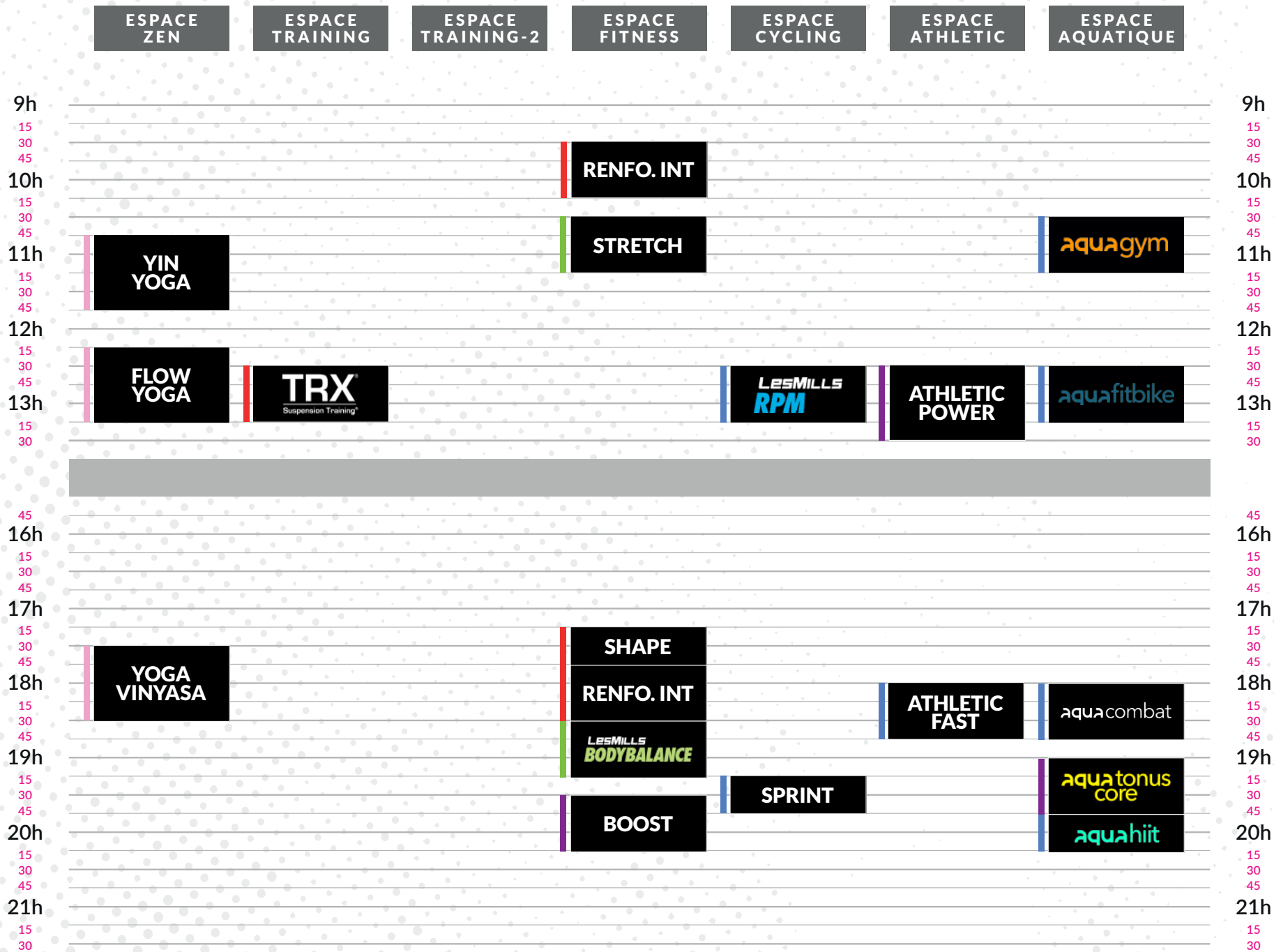
■ RENFO MUSCULAIRE
 ■ CARDIO
 ■ MOBILITÉ
 ■ MIXTE
 ■ COURS À LA CARTE

J E U D I



■ RENFO MUSCULAIRE
 ■ CARDIO
 ■ MIXTE
 ■ COURS À LA CARTE

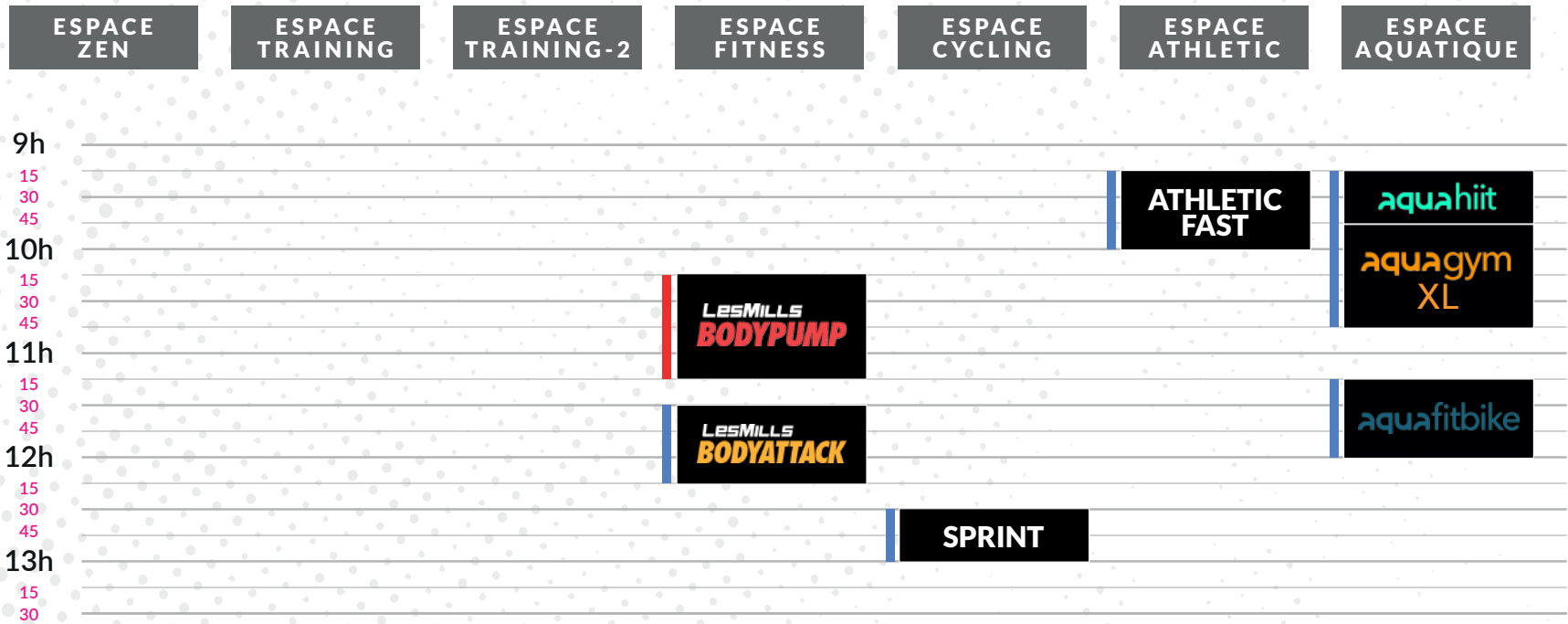
VENDREDI



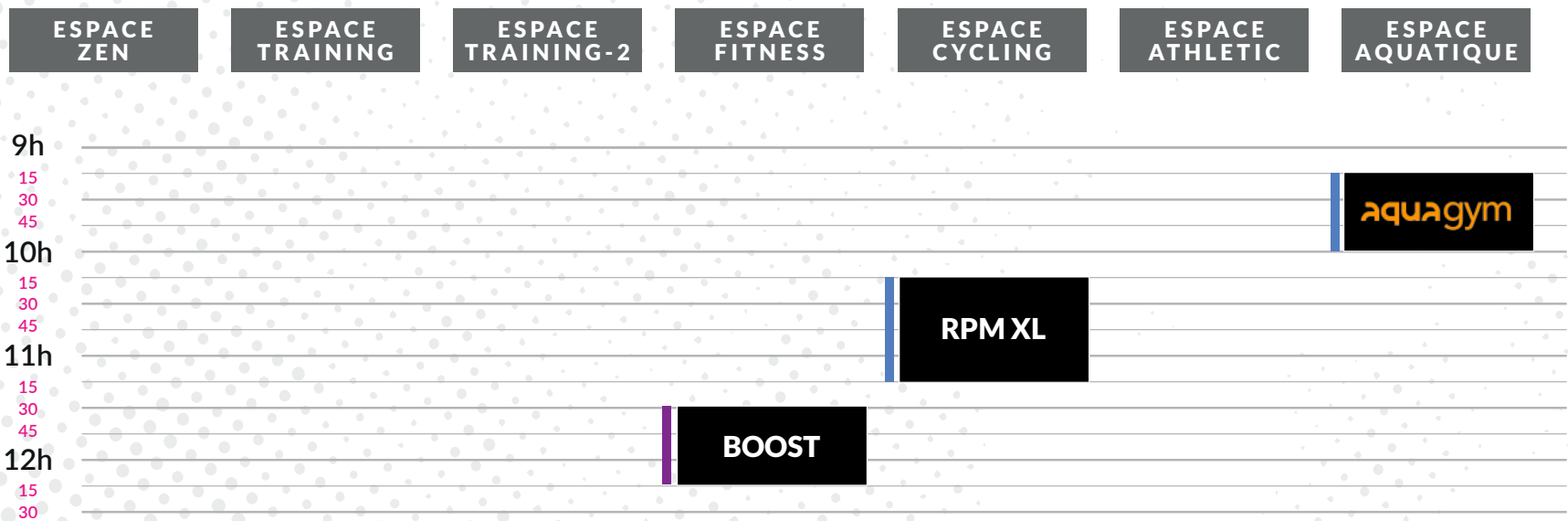
■ RENFO MUSCULAIRE
 ■ CARDIO
 ■ MOBILITÉ
 ■ MIXTE
 ■ COURS À LA CARTE

WEEK-END

SAMEDI



DIMANCHE



RENFOMUSCULAIRE
 CARDIO
 MIXTE