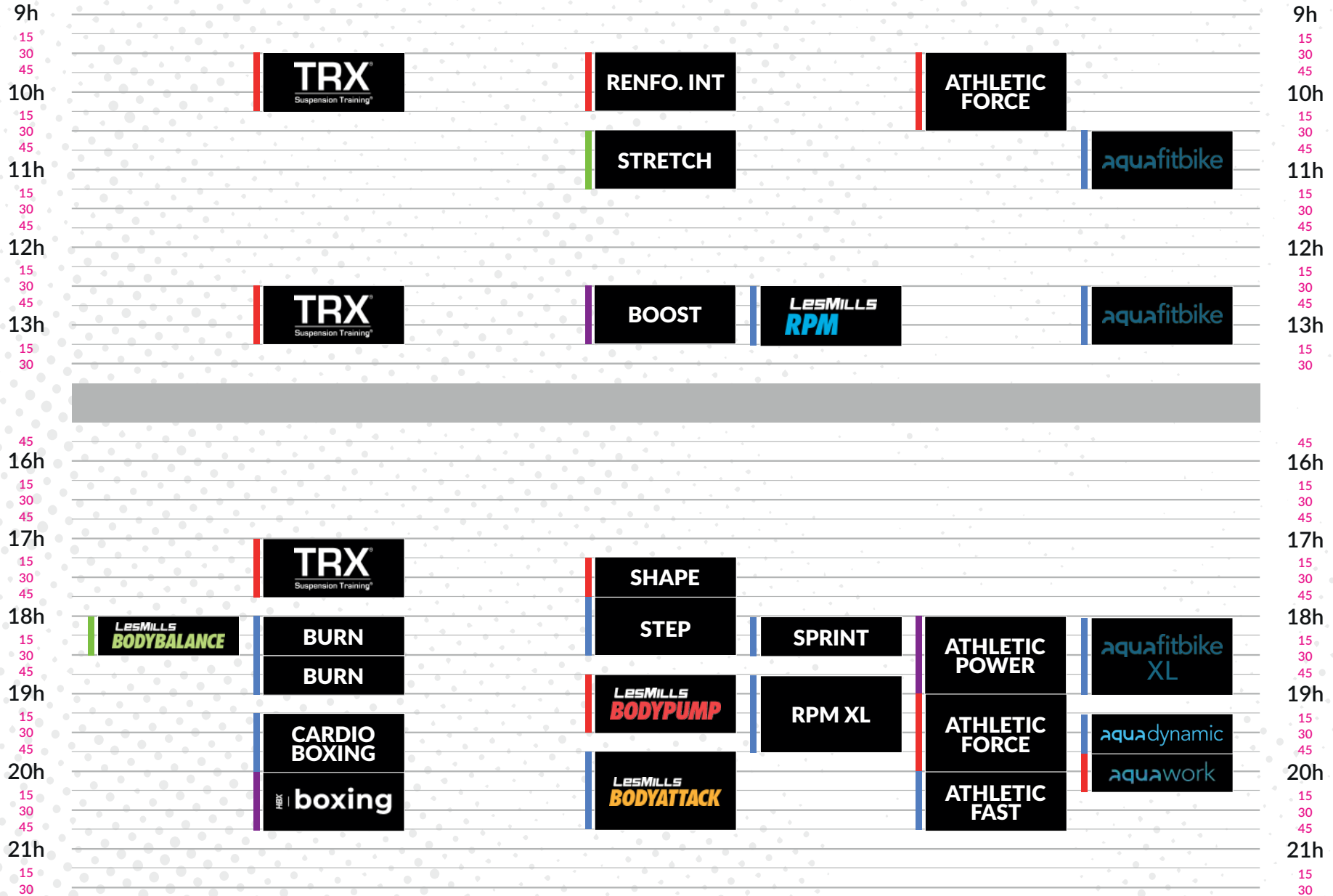
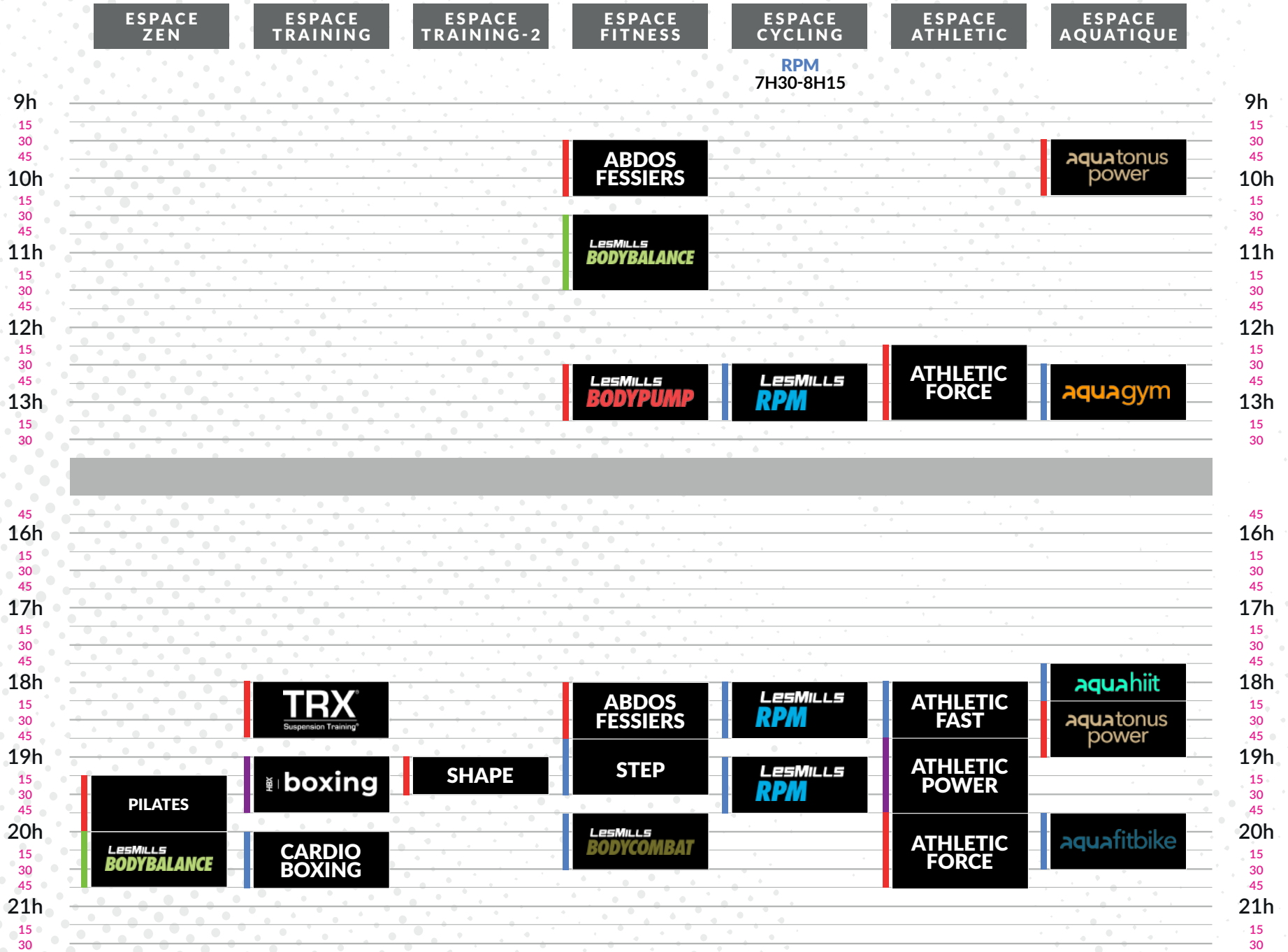


ATHLETIC MORNING  
7H30-8H15

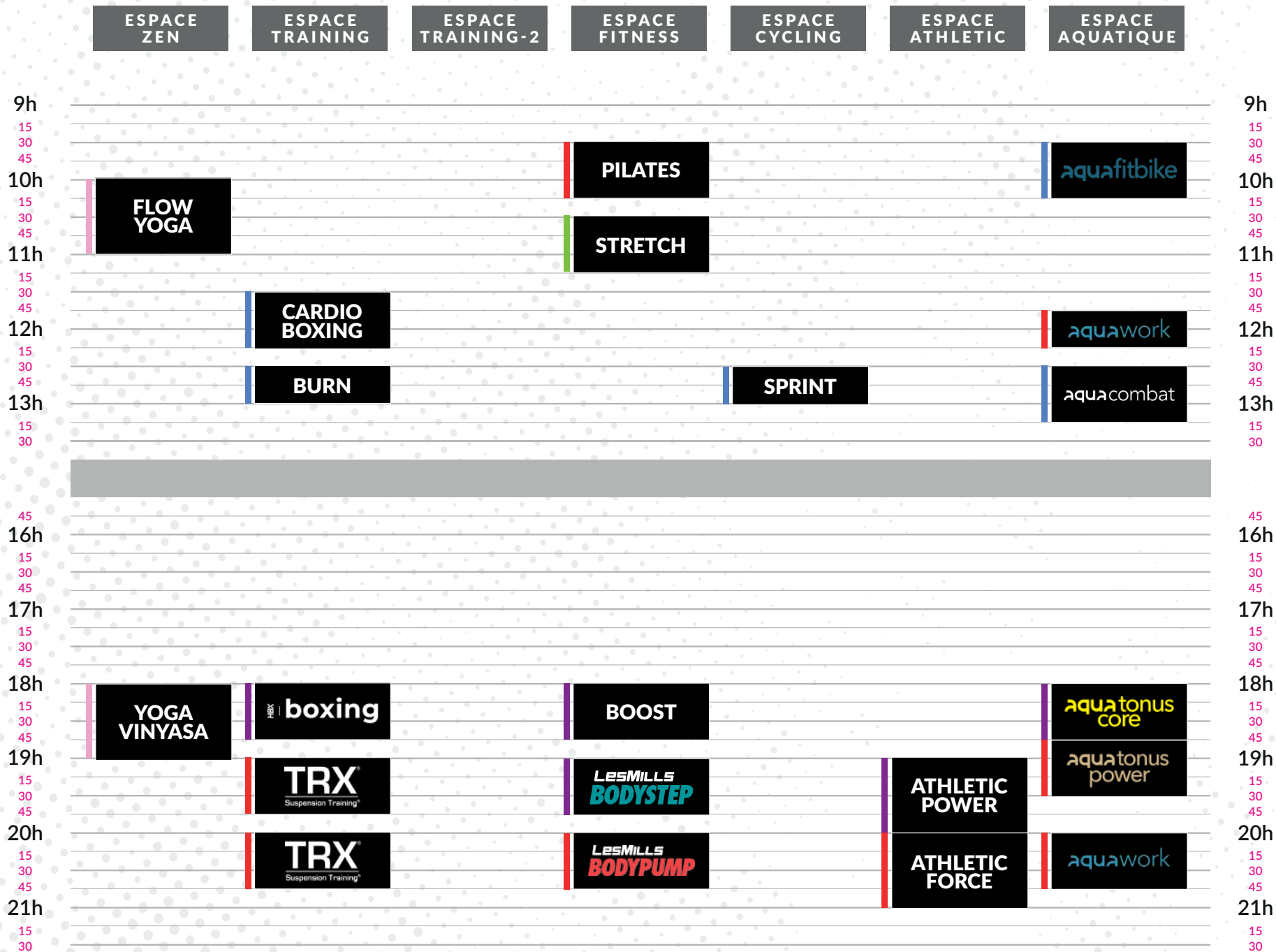


# MARDI



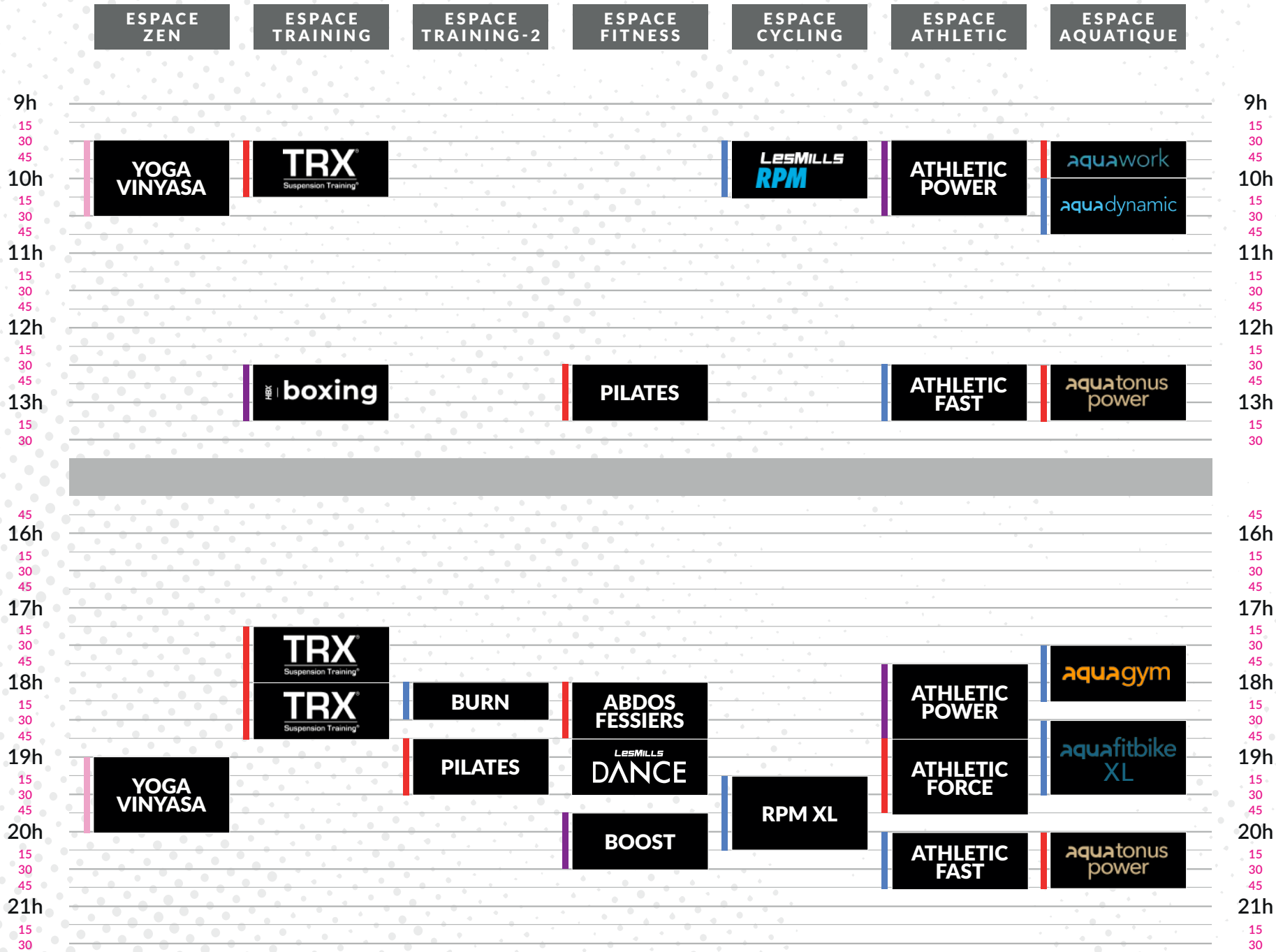
■ RENFO MUSCULAIRE    
 ■ CARDIO    
 ■ MOBILITÉ    
 ■ MIXTE

# MERCREDI



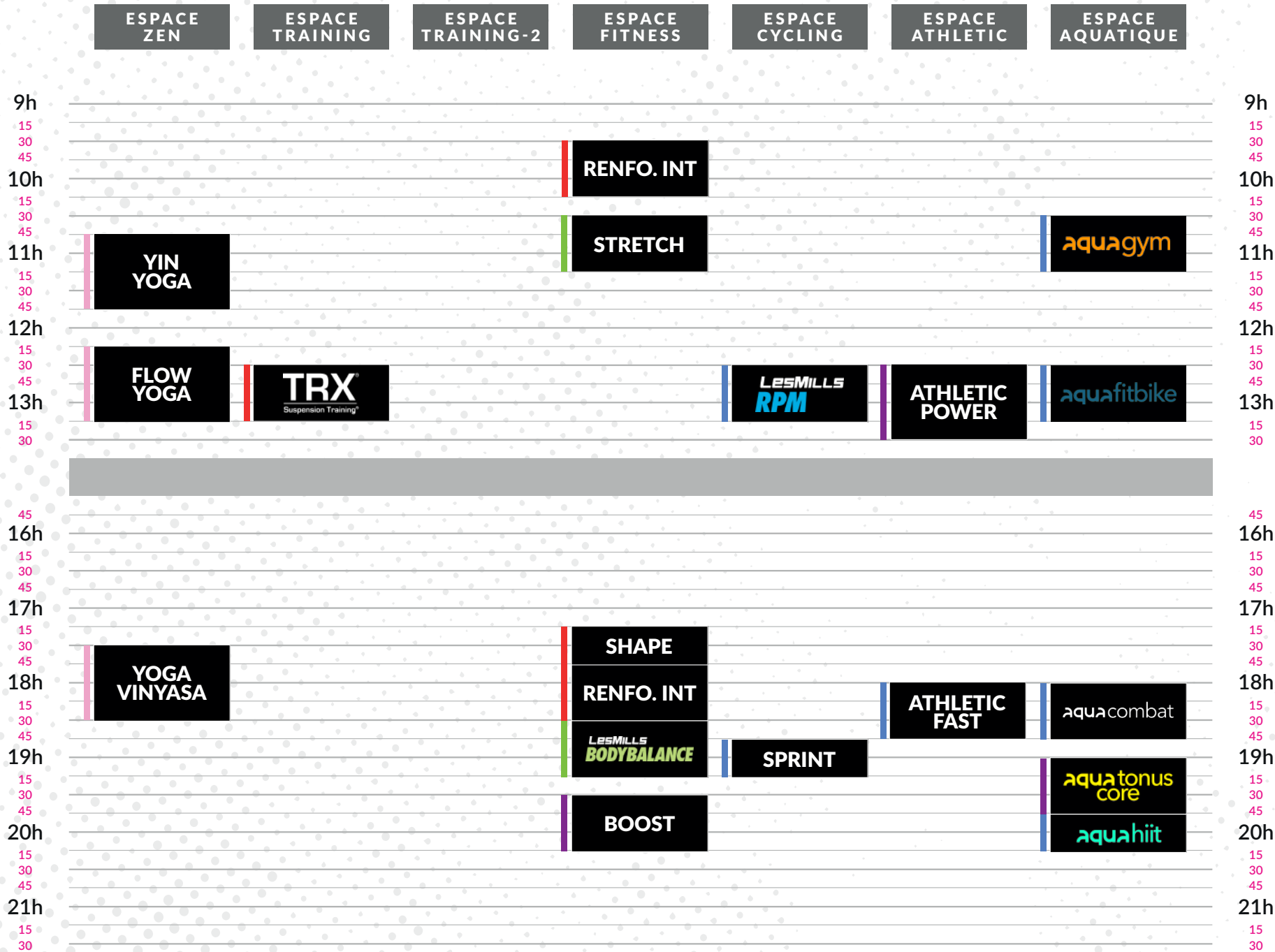
■ RENFO MUSCULAIRE   
 ■ CARDIO   
 ■ MOBILITÉ   
 ■ MIXTE   
 ■ COURS À LA CARTE

# J E U D I



■ RENFO MUSCULAIRE    
 ■ CARDIO    
 ■ MIXTE    
 ■ COURS À LA CARTE

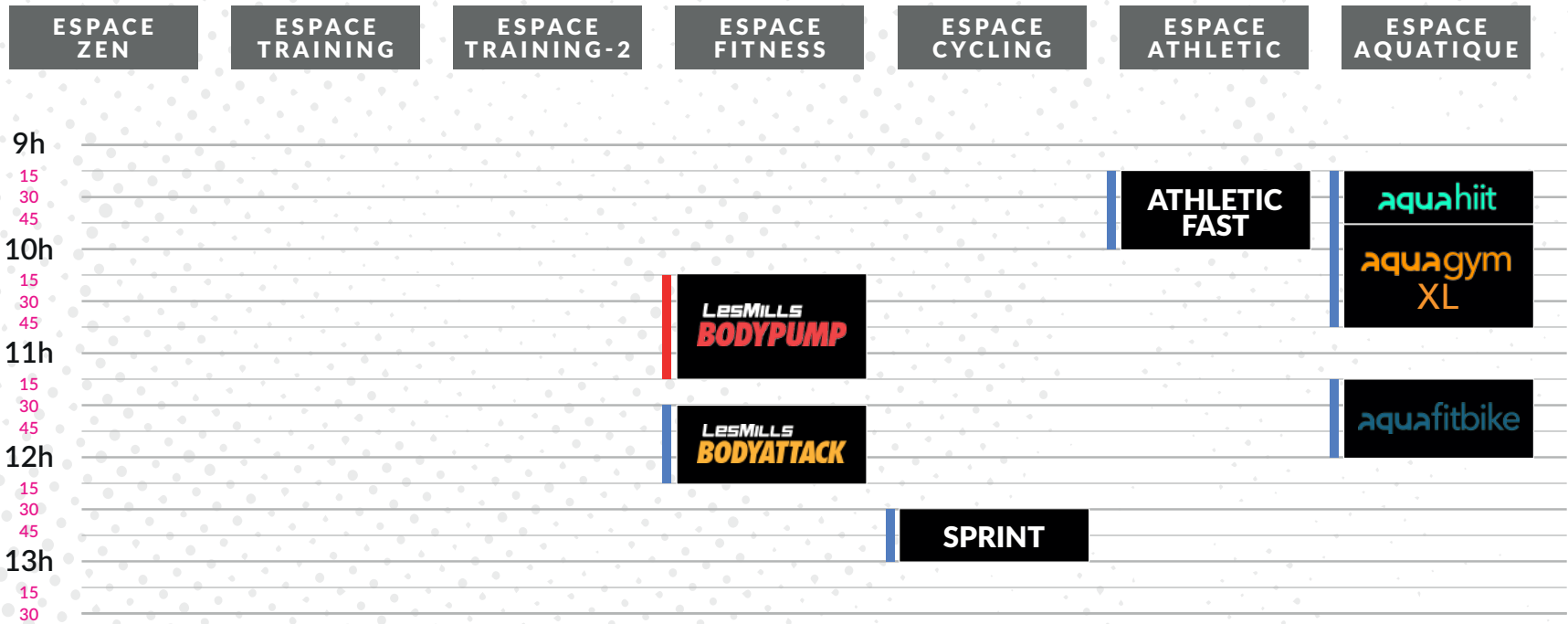
# VENDREDI



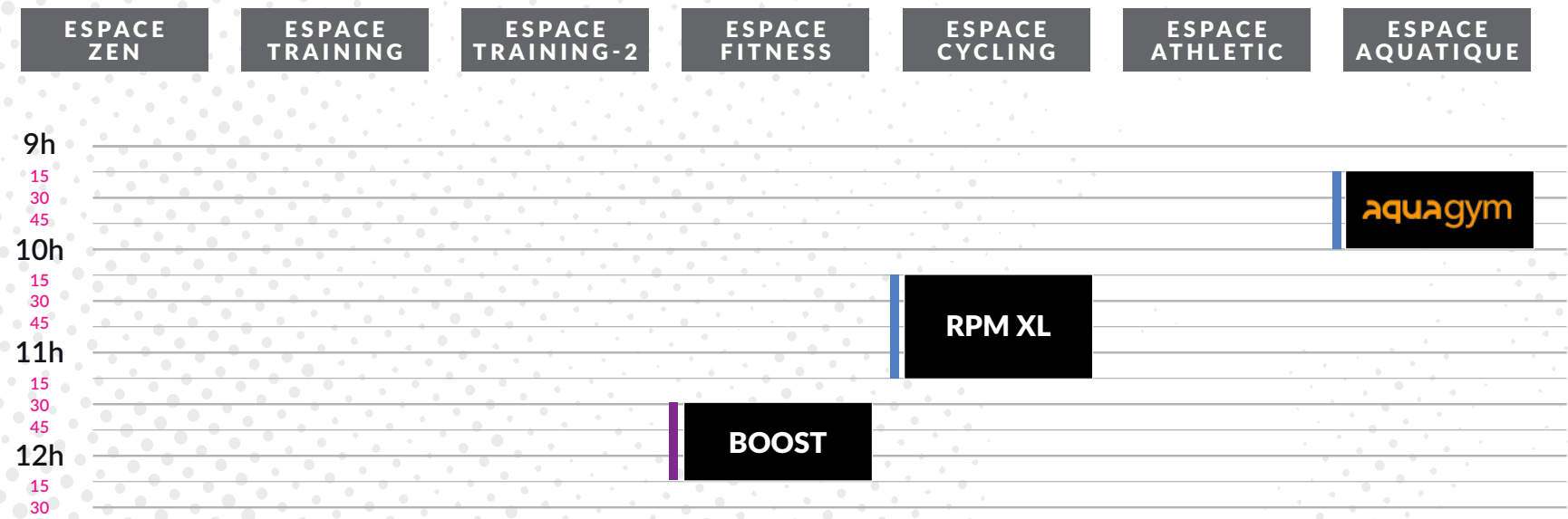
■ RENFO MUSCULAIRE    
 ■ CARDIO    
 ■ MOBILITÉ    
 ■ MIXTE    
 ■ COURS À LA CARTE

WEEK-END

SAMEDI



DIMANCHE



RENFO MUSCULAIRE    CARDIO    MIXTE